LI CODA INTERGROUP MEETING MINUTES FOR 3/9/24

- 1. Opening, welcome, call to order, serenity prayer
- 2. Quorum established
- 3. Agenda accepted as proposed
- 4. Recap of last meeting minutes- Jeff
- Treasurer Report: Grace- Donations \$393 since November of 2023. This includes a donation of \$310 from the Freeport Step Mtg. David was reimbursed \$130 for website expenses. Current Balance = \$1,292
- 6. Communications: David Calls, Texts and Emails are good- calls and texts average 1.3 per week since Nov. 2023; Linda has helped with calls.
- 7. Website: David Fees are \$160 per year plus \$5.00 per month for website hosting from Neocities; Content is featuring the work of the Coda Teen Committee- supporting <u>coda.org</u> website for access to information for teens. Includes a Sponsorship Info page for help connecting people with sponsors, which is work being done by Coda Communications Committee
- 8. Brief Preview of the CSC: Registration is open; Linda and Fedra to be Delegates and Tommy and David Alternate Delegates- Motions are due May 7;

Important Motions likely to be taken up: The use of Non- Coda Approved Literature in meetings- this was tabled from last year- the Coda board was concerned as they were getting communication from people who attended meetings where non approved literature was being used; Issues include dilution of the coda message and literature written by non- codependents could be problematic. This will be addressed this year- the goal being that meetings that use non- Coda approved literature will not be listed on the meeting list. The Letter to the Newcomer was presented for approval of Coda literature but was rejected by the board as its language had similarities with Alanon and is in itself codependent.

Linda is on the Delegate Relations Committee and they are working on a Delegate Handbook for new delegates; A buddy system to guide delegates is being revived.

The Coda FSM - the service manual is being updated

9. Status of PayPal Account: Since PayPal cannot have an account without a name attached to it so it isn't anonymous, and to make it so

would cost \$1,200 to be listed as a non- profit entity, we have to continue using Venmo even though it is only in the US so people from other countries can't use it to donate.

- 10. Outreach Committee: Tommy committee has several members; they are making contacts with sober homes, and other 12 step programs are interested in helping
- 11. New Business: Meeting Updates: <u>Tuesday zoom Heartfelt Humility</u>-Good attendance 20 plus people weekly; newcomers come and returning members as well.

Bellerose Meeting: 12-16 people; Newcomers coming and coming back.

<u>The Listening Room Friday zoom</u>: 50-65 people per week, doing well, has a what's app group.

<u>Port Jefferson Wednesday in person:</u> Thriving, had 2 year anniversary in February; group getting together for fellowship events and has what's app group. <u>The Friday night online meeting</u> has closed. <u>Tuesday night Sayville</u> Meeting: Time changed to 9-10 pm with good result.

<u>Huntington Meetings</u>: A step and tradition meeting was started prior to regular meeting - 10-15 people weekly; The 8 pm meeting gets 20-35 people weekly and has a strong young adult presence. <u>Eastern Long Island Meetings</u>: there are local in person meetings at Westhampton Beach Thrive, in Sag Harbor and Bridgehampton.

- 12. Official Confirmation of Delegates and Alternate Delegates: Linda- Delegate- approved; Fedra - Delegate - approved; Tommy Alternate Delegate- approved; David- Alternate Delegate- approved
- 13. Delegate Grant Application: A \$750 grant is available from <u>coda.org</u> if we are sending Delegates to the convention for whom it is their first time serving as a Delegate - The grant is not per delegate but we have a good chance of getting it. 50% is given to Llcoda treasurer to disburse before the convention and the rest to treasurer to disburse after
- 14. Licoda Reimbursement to help Delegates: Proposal to give \$250 from Licoda treasury to help delegates with the costs of attending the convention was passed
- 15. Starting a Coda Teen Meeting on Long Island: There is a coda teen meeting on zoom Friday 9-10:30 pm.
 Coda Teen committee is working on a book with stories and information for teens. Linda would like to establish an in person coda teen meeting on Long Island. She proposed Licoda Intergroup

sponsor this endeavor. Setting up the meeting would be enhanced by this sponsorship. Coda teen meetings (ages 14-23) are led by two adult coda members who have to meet certain requirements in their recovery and pass a background check. The motion passed unanimously.

- 16. Coda Picnic: This year will be the 3rd annual picnic. Linda proposed June 22, the Saturday after Father's Day, with the 29th as rain date, at Cantiague Park in Nassau County. Passed; Picnic Committee: Linda, Jeff, Tommy, Michele, Grace
- 17. F2F LICoda Business Meeting: Proposed to meet in person with hybrid capability at the Freeport Library for the next meeting on November 9, 2024 - passed- Linda will contact the library.
- 18. Website Committee- David would like to form a committee responsible for content for the website. Tommy volunteered to reach out to interested members
- 19. Open Positions and Elections: Grace needs to give up Treasurer position. Linda will reach out to Michele and look for other leads. Tommy will help in taking phone calls from coda phone
- 20. End of Meeting! Laura Z.