

11/15/2025 Long Island Coda Intergroup Meeting Minutes

1. Quorum - Established

2. In Attendance:

Jeff - LICoda Intergroup Chair
Grace - Bellerose Group
Lorraine - LICoda Intergroup Treasurer; New Freedom Group
Chris - New Freedom Group
Laura - LICoda Intergroup Secretary; Heartfelt Humility Group
David - CSC Delegate, Web Administrator; Listening Room Meeting
Heidi - Bellerose Meeting
Leslie - Intergroup Rep for the Mount Kisco Meeting
Natalie - Member of CSC Literature Committee; Heartfelt Humility Meeting

3. Items to add to the Agenda:

David - Addendum to CSC Report: 2 Delegates from NY, at CSC, 2nd from NYC
Regarding New York State Voting Entity

As of now we are the New York State Voting Entity as the only Intergroup In NYS
If New York City establishes an Intergroup we will then work with them to be the Voting Entity
for New York State

To be discussed in CSC

4. Recap of the minutes from the March meeting

5. Treasury:

Current Balance = \$ 1,755
Commendations on the healthy balance!

Donations and Income from the June Picnic:

Donation from the Listening Room Group:	\$ 110
Donation from New Freedom Group:	\$ 102
Income from Sales of LICoda T Shirts:	\$ 200
Total contributions	\$ 412

David to forward \$ from the Venmo Account to the treasury approx \$ 45

David paid \$ 40 for the Domain Name LICoda.org (for 2 years)

\$250 voted to give David for CSC expenses as a stipend since none available from Coda;
David returned stipend as he attended on zoom

6. Communications - David

Texts, Phone Calls and Emails continue to come in with queries

Volunteers to help with answering any of these are welcome, and invited to send an email to:
info@licoda.org

Website: A page was added devoted to Sponsorship Information
This is a unique place to find this information and its presence has been cited by UK groups among others

7. Agenda Highlights

Welcome Lorraine as our new Treasurer

CSC

Coda Teen

Picnic

8. CSC Recap

David Represented us at CSC, and the other delegate was from New York City

No intergroup from NYC as yet

Motions Passed Highlights

Motions passed can be found on the LI Coda website at the bottom to the page under Codateen and Documents

New Literature - Natalie contributed as well

1. 1st 14 Days for Sponsors and Sponsees workbooks (Australasia) passed but with issues - 1-2 year process

2. Coda Recovery Patterns Check in Tool - from coda Canada to track on how one is doing with the Recovery Patterns of Codependence

3. Revisions to the pamphlets Attending Meetings and What is Coda

4. New booklet: The 12 Service Concepts: Working Together

Other Motions:

Reinstate Issues and Mediations Committee

Budget passed \$ 174,000 - Prudent reserve was used to meet 2024 and 2025 expenses

9. Meetings Summary

New Freedom - Lorraine

Meeting doing well; 20-35 members; Getting newcomers

Had Codateen speaker at the Anniversary in October

Coda Teen - Linda, two zoom meetings, and she is trying to coordinate to have an in person codateen meeting concurrent with New Freedom

Bellerose - Grace

10-12 a week, intimate; newcomers come back; asking for support please announce at meetings

We make coffee and have desert at each meeting!

And people go out to the diner afterwards

Freeport Friday night - Chris - was losing support but is back up

People will announce at their meetings

Mount Kisco in person - Leslie - 10-15 a week - lot of newcomers; Do fellowship once a month going to a local restaurant; hard to get enough people to do service because many are newcomers

Have separate mini groups which do step work

Lorraine shared some of what New Freedom does to encourage newcomers to do service - generated a sheet about sponsorship for the literature table with links to coda literature - sponsorship is starting to grow

For service there is a book for people to sign up to chair, speak, set up as service
Also pass around a sheet in the service book for longer term positions, and we offer small pieces of service that newcomers can do - motivating them and helping them along

Port Jefferson - David

Heartfelt Humility - Natalie

Thriving - 20-30 attend; Consistently people returning; Get a lot of Newcomers who come back

The meeting has expanded beyond LI and New York

10. Other News

Next year is Coda's 40th Anniversary (Oct 22, 1986)

ICC - International Coda Convention will be in Arizona in person in 2026 in October with the CSC - Coda Service Conference to follow

CSC was traditionally first then the Convention but the reverse in 2026

Next LICoda meeting March 14 at 2 pm