3/14/2026 Long Island Coda Intergroup Meeting Minutes

1. Quorum Established

2. In Attendance:

Jeff - LIcoda Intergroup Chair
Lorraine - LIcoda Intergroup Treasurer; New Freedom Group
Laura - LIcoda Intergroup Secretary; Heartfelt Humility Group
David - CSC Delegate, Web Administrator; Listening Room Meeting, Port Jefferson Wed in person mtg
Leslie - Intergroup Rep for the Mount Kisco Meeting
Linda - Coda Teen Chair, New Freedom Group
Lorraine - New Freedom Tuesday new Chair
Chris- Malverne group
Patricia P - Malverne Mtg
Joanne - New Freedom Group
Jose M - New freedom Grp
Michele - New freedom

3. Recap Minutes from November mtg:

Treasury Strong
Phone, emails, website traffic steady
Sponsorship added to website
CSC Literature Passed:
- Coda Recovery Patterns check in Tool - refers to the Recovery Patterns of Codependence Document
- 12 Service concepts Booklet
- 1st 14 Days Wkbk Australasia - passed with issues
- Revisions to pamphlets Attending Meetings and What is Coda

Good discussion and exchange of ideas about meeting attendance and service
Coda Teen has two Zoom meetings
CSC will be on Zoom, in October, and will follow the ICC which will be in Person in Arizona, Celebrating 40 years of Coda

4. Treasury

Current Balance = $ 1,755
Need Venmo $45
Website $40
Zoom account 160/yr

5. Communications - David

Texts, Phone Calls and Emails coming in with queries
Volunteers to help with answering any of these are welcome, and invited to send an email to:
info@licoda.org
This is a unique place to find this information and its presence has been cited by UK groups among others

6. Meetings Summary

Chris and Patricia- Malverne

7-10 people come
Many attendees are from Freeport group
A few seasoned people do service
There is a Whats app group for the meeting

Questions brought up as to how to grow the meeting and encourage newcomers to do service

Some suggestions discussed :
Announce what's app group existence
Ask people to share their experience with service as part of their format to encourage people to take on service
Encourage people to sign up for service in the service book
Set up regular business meetings
Linda volunteered to come and help

Lorraine- New Freedom

Healthy Treasury and Literature ; Stable Group; 20-35 members; Newcomers come and come back

David - Port Jefferson Wed. Night in person

Celebrated their 5th anniversary Feb, 16
Doing well- 7-10 people
No 7th Tradition- against library rules
People donate medallions and literature
There is Literature to borrow

Leslie- Mount Kisco in person Thursdays 6:30 pm

Mtg since 2015
Get a lot of beginners
More people are taking on leading
There is a list for service for opening and set up and people are stepping up
One night a month use non-coda literature
Every 2nd week after the meeting people go out to a restaurant for fellowship
We run step study groups separate from the meeting which include opportunities for cosponsoring

Laura - Heartfelt Humility Tues. Night 7 pm Zoom mtg

Steady group 20-30 people. Newcomers and those new to the meeting come and return
Group has established a rotation of service system with a monthly chart for the positions of Leader, Screen Share and Zoom tech host.
Positions are filled in weekly and people are stepping up

7. CSC Representation

Linda nominated David - he was penciled in as temporary and a committee was created to vote in a delegate which will need to be done about 2 months before CSC
Jeff will coordinate
Other Members: David, Joanne, Lorraine, Michele, Laura, Jose

8. Next LiCoda meeting decided to be November 14

9. Coda Picnic

Committee Chair: Michele
Lorraine will give money for the picnic from the treasury

10. Freeport Meeting

This meeting at the Freeport Library was originally Tuesday at lunchtime and moved to Friday evening and was viable for quite a long time

The meeting was closed by group conscience after attendance had fallen off and attempts to revive the meeting failed
The sequence of events has been somewhat unclear
There was discussion about the meeting in terms or recent history, members experience and some decisions made in moving forward

Here is a summary of the discussion:

The meeting was suspended during Covid but again became viable until late winter this year. It no longer has a meeting ID with New York, NY 320 so if it restarts it will have to be registered as a new meeting.
Joanne was a member of the meeting and she said the meeting was dwindling. There were only 1-2 people coming. The group conscience was made possibly by 1 person. The Treasury and minutes of business meetings are possibly missing.

The person with the treasury of $700 wanted to give half to LI Coda and half to the New Freedom Step Study which has been at the Freeport library on Wednesday night for 3 years. A member of the Friday night Freeport meeting vouched for the step study in order for them to meet at the library as they live in Freeport, so the closed meeting puts this meeting in jeopardy. A Freeport member is needed to sign off on this Step study meeting.

Linda has literature (from the Freeport meeting) which was left for the Huntington group. 8 pamphlets were to go to the MOunt Kisco group.
It was decided to hold the literature for now.

Chris is now the primary contact person for the Wed night Step study
Linda will meeting with Chris in April and report back
Jose mentioned he may be willing to resurrect the meeting at the Freeport Library but it may be on a different day.

Efforts will be made to contact the person and find out about the treasury and information about the meeting by various members of LI coda