

Allentown, PA, Free to be Me Group

of Co-Dependents Anonymous

Invites You to Join Us for a

Unity Day Gathering

Saturday, October 21, 2023

Calvary Baptist Church

4601 W. Tilghman St

Allentown, PA 18104

“Living the Solution”

Detailed study of the Twelve Promises* – Cindy R.

Setting and Keeping Boundaries* – Jon F.

Making your Inside match your Outside* – Kathy H.

Providing and Receiving Feedback* – Judy H.

Registration — 8:45 AM

Workshops # 1: 9:15 AM

Workshops # 2: 10:45 AM

Noon – Pizza and Salad Bar

12:30 PM – Speaker Meeting

Suggested Donation \$20

Donate only as you can

Questions/Directions : Jim V. 610-264-7046, or Amanda R. 610-762-6114
For Updates & Directions visit: <https://coda.org/event/unity-day-gathering/>

*Please check the CoDA website for workshop updates