

LI CoDA Intergroup Business Meeting MINUTES for: Saturday 03/19/2022

- I. Opening Greeting & Welcome to all
- II. Meeting called to order by Jeff J. LI CoDA chair 2:05 Serenity Prayer started by Laura LI CoDA Zoom Tuesday Night Rep.
- III. **Meeting Roll Call: Members Present:**

Jeff J. – LI CoDA Chair
Grace C. – Treasurer/Bellerose
David A. – LI CoDA Group Service Rep., Website & Communication Chair & NY CoDA Voting Delegate/Tuesday Melville & Friday Speaking Room Hauppauge
Linda C. – LI CoDA Secretary/Tuesday Melville
Michele R. LI CoDA Co Chair – Tuesday Melville
Laura Z. – LI CoDA Tuesday Night Heartfelt Humility Zoom Meeting Rep
- IV. Jeff Reviewed the proposed agenda and asked if anything needed to be added for discussion or changed. David asked us to add to new business the discussion about starting a meeting at the Salvation Army in Hempstead and to further discuss Zoom meetings that are not rooted on LI using the LI CoDA Intergroup Logo.
No further discussion or additions meeting agenda approved
- V. Jeff requested a brief recap of the last meetings minutes -Linda read the minutes
Motion – David made a motion to accept the minutes as read, voted on accepted unanimous
- VI. **Treasury Report: Grace C. Treasurer**

Donations:
Freeport Friday Night Face to Face - \$150
Venmo Collected - \$54

Current Treasury Balance as of 03/19/22 - \$1,067.89

Upcoming Expenses - \$149.90 to David for the LICoda Zoom Accounts

Laura asked if there are any ongoing expenses outside of the cost of the website and Grace let her know that there aren't. A couple of other expenses we have had in the past were donations to World CODA, however we haven't donated since 2020 due to a large cash reserve for World CODA. Grace mentioned that the zoom account has been to date covered by David

Motion: David made motion to accept the treasury report

Vote: Treasury Report Motion carried (unanimous)

VII. Communications Report: David A. Chair

- a. We are averaging about 2 - 3, Texts and Calls per month. These calls are usually about meeting times and locations. The number of calls and texts represents a slight increase for the last quarter of 2021 and 1st quarter of 2022. Most calls are received by the contacts for the groups, this is due in part to the contacts for each individual group having been updated at CODA.org.

- b. LI CoDA website had over 1,100 hits in January however has slowed down in February and March. We aren't receiving the same amount hits. David asked for any suggestions to add to the website. He said he added a wealth of information and literature for the groups/individuals to access and download to print for their meetings. The website costs \$60.00 per year to host. David said we can discuss expenses/reimbursement at the November meeting. All new phone and virtual meetings are also added. Any group can provide real time updates to info@licoda.org. All expressed their appreciation to David for all his service.

Motion to accept the communications report – approved-unanimous

VIII. LICoDA Activities Reports:

- a. Nothing to report and there was no old business to be finished from the last meeting.

IX. New Business:

- a. F2F format/virtual/health status go around the room and get feedback on how the meetings are going.

Laura – Attending for the first time representing the Tuesday Heartfelt Humility Zoom Meeting – the attendance has really grown “2 pages on an iPad of members” they have created an email for the group, and it is heartfelthumility@gmail.com. It was also added to the licoda.org website. Jeff added there are about 25 people, and it is a bunch of new people because we

Laura – Also representing the Wednesday Central Islip meeting that is meeting face to face as well as on the phone at 12:30. They get a lot of beginners on the phone. There aren't any repeat people, however they are having conversations on how to retain and attract new members. Face to face hasn't really had a good turnout, it is a spacious room and there are only 3 people who attend.

David suggested getting in touch with him to update the LiCoda.org website with the Face-to-Face meeting information.

Grace – Bellerose 271 and she is the GSR, the meeting is doing well financially stable and there are 12-14 people weekly. Treasury is healthy, and it is not a hybrid meeting only face to face. David asked if he should take the hybrid status of the website and Grace said yes.

Michele – Tuesday night meeting has a new name, and it is the New Freedom group, formerly named the Melville group however renamed for our new home in Huntington. The meeting started off with a good attendance at the beginning of our face-to-face. However, over the past months it has dwindled down so we took a group conscience and as of April we will be only one meeting that will start at 8. We think this will help with set-up commitments being covered and will help with attendance. We will start to give out newcomer packets again and ready

the newcomer letter. Hoping to retain newcomers and looking forward to attracting some newcomer males. Over the past few months our meeting has been attended only by women. We will continue to spread the word and encourage newcomers to return.

David – Friday afternoon listening room was the Thrive meeting in Hauppauge its meets virtually at 2:30 pm on Friday. Adding the listing to WW and getting the WW623 number has increased the attendance tremendously. There are usually 18 – 30 people, and it will continue to be an online meeting. A lot of newcomers and a lot of the time it is their first meeting. It is discussed that the zoom account is linked to LICoda and that if a donation can be made there is a Venmo account at the LICoda website. It is also announced that if it is their first meeting a donation is not required.

David – Tuesday Night Sayville went online during the pandemic and is semi active or not active at all. The last time he tried to attend the meeting was not available. We maybe losing Sayville at this point he will follow up with them.

David – Thursday Bridgehampton Meeting has joined with Sag Harbor and is a face-to-face meeting.

David – New meeting on Wednesday night at Port Jefferson Library is going well and they are thinking about changing the time to 7 to give the meeting a full hour and a half. The meeting started out with 4 people and over the past 4 meetings had doubled. It is doing well and will continue.

David – Friday night zoom meeting, it is doing a lot better now that they have received a WW number. This was started by Jean, a member of the Friday night face to face and it went online during the pandemic.

Linda – Friday night meeting at Freeport Library is still small and we are struggling mostly all regular members and averaging 5 people a week with an occasional newcomer. The meetings are good we do the step and if we don't have a speaker, we use the Blue Book and read a story. It

is just not well attended yet however we are hopeful. We are asking other groups to make announcements and ask for support.

- b. Jeff discussed that the electronic Zoom meetings are here to stay and the struggle to get electronic donations for those meetings started has been a challenge. They are having a tough time getting started and becoming financially autonomous. Discussion about how to help the zoom groups to get money flow, if there is zero money flow it is against traditions. Also zoom groups will then make donations to World instead of to our local LI intergroup.

Discussion as to would LICoda be willing to be supportive to add information to the website for each group for their own Venmo account. We would be supportive of each group and encourage them to set up their own Venmo account.

Electronic 7th Traditions – Should LI Coda make a Venmo type of account for all the meetings. A lot of discussion about this. David felt it may confuse the 7th tradition for LI Coda. Jeff discussed that we make all the other information available and that is the purpose of the LI Intergroup to support the meetings. More discussion, no decision made will continue the conversation. Can be discussed more during old business next meeting.

More discussion about is a Zoom meeting a LI meeting and should it be supported by the LI Intergroup. We agree that a lot of the zoom meetings are specific to a location and have gone electronic. So, they could be supported by LI Intergroup.

Jeff brings up the point that the more we do for other groups the more exposure we get. A lot of discussion on how to help zoom groups become financially autonomous with Venmo etc.

A lot of discussion about Venmo for Tuesday night zoom meeting, David has a bunch of ideas to help the groups be self-supporting and to also make their information available. We discussed where the information would be made available, and how we can offer support to the groups.

David said have them set up the Venmo account and give him the information and he will add the information to the groups page.

Jeff stated that it sounds like the group would put a link on their information page, then that would be brought to their Venmo account. Jeff suggested we have additional discussion with options to help on the agenda for the next meeting under new business. Also, to discuss Venmo anonymity for groups.

Jeff asked for a vote to approve that LICoda hosts its help in posting for groups for electronic donations.

Approved unanimously

c. Spring outdoor get together late May or Early June

Michele investigated it last year and the issue you run into is that the town you choose you need to know how many people are coming, etc. Also needed proof of residence to get a permit with the number of people coming.

Laura asked about a state park, if it were a weekend we would have to pay for parking. Michele said you still need to have a permit, Linda mentioned Eisenhower Park and Cedar Creek Park.

Laura, how can a state park prevent people from getting together if they want to?

Jeff said Covid has improved and as soon as possible he would like to promote unity on LI it doesn't have to be a full-blown BBQ just an outdoors get together for all to get together on the weekend for us to all join without having to worry about Covid. David said we could use 50 - 60 people as a good base number.

Jeff made a proposal that we have an offline Ad hoc committee that get the ball rolling on the event.

Voted on and passed unanimously

Michele volunteered to investigate locations, and she will let us know as she investigates, Laura and Jeff volunteered to be on a committee for a LI event.

Linda suggested we all bring back to our group that we are going to have an event and each group could bring something to donate to the event and see if there is an interest for an event.

Michele said find the park and then we can make a date.

- d. Salvation Army new meeting in Hempstead David will be reaching out and seeing what their needs are.
- e. Donations and Payments-
David is requesting \$149.90 for the Zoom account. He will send an invoice to Grace, and she will Venmo him I will add it to the treasury report for upcoming expenses.

No donations to World Coda because they currently have over 500K in their treasury

- f. David is requesting that someone who knows Richard E. volunteer to speak with Richard E. about using our LI Logo on his webpage. His promotion of non-coda literature and links should be handled by WW Coda however it isn't appropriate for him to use our Logo to promote his website that he created. Specifically Live from NY his webpage uses our logo.

Laura volunteered to speak to him about the logo being promotion and will ask him to remove our logo from his website.

X. Open Positions, nominations, and elections:

Jeff announces that all positions will be available, and that nominations and elections will take place at our November meeting. Jeff runs through the positions:

Chair, Vice Chair, Treasurer, Secretary, LI CODA GSR, Communications /Website.

XI. Next LICoDa Business Meeting / Zoom / Phone Call

- a. Proposed Date: 2 PM, Saturday November 12th, with location To Be Determined will discuss a few weeks before having it virtually makes it easier to attend however, we can discuss as it gets closer. We could potentially have it at Freeport.

XII. CoDA Announcements & Motion to Adjourn:

Motion to Adjourn the meeting, the meeting is closed with the Serenity Prayer.

The complete recording of the meeting is archived and is available upon request. Email info@licoda.org