

## CoDA Sayville, Tuesday Night **SKYPE** Meeting

Day: Tuesday      Time: 7:30 PM ET (US & Canada)

1½ hour meeting – Online Fellowship possible after meeting

NOTE: **THIS IS A SKYPE MEETING**

### **How to find the Sayville Skype CoDA Meeting**

1. If you do not have **SKYPE** on your computer download & install it.
2. Login, or create a Skype account if needed.
3. Type the words “CoDA Sayville” in the search box.
4. Select the CoDA Sayville meeting from the list.

#### **Notes:**

It is recommended to have **SKYPE** on your device of choice before the meeting starts. During the meeting we read a Step from the “Co-Dependents Anonymous” Blue Book, then share on the reading.

#### **Here is a list of what is also read during the meeting:**

- [Welcome](#)
- [Preamble](#)
- [Twelve Steps](#)
- [Twelve Traditions](#)
- [Sayville Sharing Guidelines](#)
- [Twelve Promises](#) (*read at the end of the meeting*)

#### **The “Co-Dependents Anonymous” Blue Book is available at the following locations:**

- Printed Edition: <https://www.corepublications.org/product/coda-book>
- Digital Versions: <https://www.corepublications.org/digital-ebooks-english>



Call, or TEXT: Michael A. at 516-457-6573, or Joe S. at 516-456-3313,  
or email: [info@licoda.org](mailto:info@licoda.org) for additional information.

Keep coming back. It works if when you work it.

Please consider making a 7<sup>th</sup> Tradition contribution at [www.CoDA.org](http://www.CoDA.org).