

## CoDA Heartfelt Humility Online ZOOM Meeting

Day: Tuesday

Time: 7:00 PM ET (US & Canada)

This is a 1½ hour Online Meeting

<https://us02web.zoom.us/j/8514372469?pwd=ZUplEgYVThJNksvOEJBeUtRbnlXUT09>

**Meeting ID: 851 437 2469**

**Computer/Internet Password: 2YzgjH** *(see Telephone/Dial-in Password below)*

### One tap mobile

+1646588656,,8514372469#,1#,784758# US (New York)

+13126266799,,8514372469#,1#,784758# US (Chicago)

### Dial by your location

- +1 646 558 8656 US (New York)
- +1 312 626 6799 US (Chicago)
- +1 301 715 8592 US (Germantown)
- +1 669 900 9128 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)

**Meeting ID: 851 437 2469**

**Telephone/Dial-in Password: 784758** *(see Computer/Internet Password above)*

Find your local number: <https://us02web.zoom.us/j/8514372469>

### Notes:

It is helpful to have the [ZOOM APP](#) either on your home computer, laptop, iPad, Surface Pro, phone or whatever device you are using to access the meeting. You can also call from a regular phone as well.

During the readings, the computer screen is shared with the readings. See the links listed below to download a reading in advance.

If anyone would like to volunteer for a reading they are as follows:

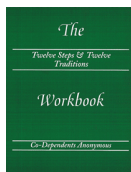
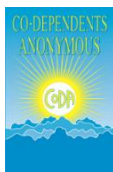
- [Welcome](#)
- [Preamble](#)
- [Twelve Steps](#)
- [Twelve Traditions](#)
- [An Open Letter to the Newcomer](#)
- [Meeting Sharing Guidelines](#)
- [Twelve Promises](#) *(read at the end of the meeting)*

If you want to read a document, or be a speaker, please e-mail, text, or call: 631-553-8230

## MEETING FORMAT SCHEDULE

- **First Tuesday** of the Month is a Step of the Month Meeting.
- **On other Tuesday's** a Speaker or reading Stories from "[Codependence Anonymous](#)" (the Blue Book) beginning at "CoDA's First Six Years" and working backward from there.
- **Last Tuesday** of the Month is a Tradition of the Month Meeting (ends 15-minutes early for the Monthly Business Meeting).

The Books we use are also available in [digital formats](#)



Please pass this information along to anyone else who may be interested.  
Please let me know if you would like to receive a weekly reminder.

Keep coming back. It works when you work it. You're worth it-work it!